



# The Pulse

## Molloy Nursing Student Association Barbara H. Hagan School of Nursing

### **Meet the Executive Board for the 2016-2017 School Year!**

#### **Co-Presidents**

Katelyn Finnegan  
Jaclyn Malone

#### **Co-Vice Presidents**

Philip DeSena  
Emily Rosen

#### **Co-Secretaries**

Carly Howard  
Julia White

#### **Co-Treasurers**

Gabriella Perciavalle  
Rachel White

#### **Co-Communications**

##### **Directors**

Stephanie Jorgensen  
Teresa McDavid

#### **Club Advisers**

Dr. Geraldine Moore  
Dr. Lorraine Emeghebo  
Margaret Mullarkey

Molloy Nursing Student Association would like to take this time to recognize and congratulate the subcommittee for being chosen to shadow our MNSA board this year!

Patrick Wlodkowski  
Benyanoot Rodthong  
Erica Lengefeld  
Emma Carey  
Alexis Felicio  
Helen Pham

Congratulations on this amazing accomplishment. They will be shadowing the board members to get a feel of what MNSA does on a daily basis. If you are interested on becoming part of the MNSA board, we will be sending applications out early next semester! It is an amazing opportunity and something to think about! Please email us for any questions at [mnsa@lions.molloy.edu](mailto:mnsa@lions.molloy.edu) or visit our website at [molloynsa.weebly.com](http://molloynsa.weebly.com). Congratulations again to our amazing subcommittee!



*Volume 2 Issue 2*





Visit our website to get all information of our events, gear sale and see videos about the new nursing building!  
<http://molloynsa.weebly.com/>

## **Molloy Nursing Student Association Calendar of Events 2016-2017 School Year**

<b>Date</b>	<b>Time</b>	<b>Location</b>	<b>Information</b>
January 24 <sup>th</sup>	3:30-4:30pm	Madison Theatre	Travel Nurse Meeting
February 21 <sup>st</sup>	3:30-4:30pm	Madison Theater	Nurse Recruiters Meeting
February 18 <sup>th</sup>	7am-5pm	NYC	NSANYS Convention
March 21 <sup>st</sup>	3:30-4:30pm	Madison Theatre	Cubs for Coping Meeting
April 5 <sup>th</sup> -9 <sup>th</sup>	-	Dallas, TX	NSNA Convention
April 11 <sup>th</sup>	3:30-4:30pm	Madison Theatre	Medical Missions Meeting



# Molloy Nursing Student Association (MNSA)

## *What is it?*

Molloy Nursing Student Association is a student-run organization whose mission is for students to pursue academic excellence while building leadership roles as a result of being active on campus and in the community.

MNSA is a chapter of National Student Nurses Association (NSNA) and Nursing Students Association of New York State (NSANYYS) pre-professional organizations.

MNSA members attend state and national conventions, hold speaker events, participate in different community service activities, fundraise and raise awareness for different diseases/disasters, host our annual *Party with a Purpose* event on campus, and collaborate with other student organizations at Molloy.

## *What are its goals?*

- To unite nursing students from Molloy College.
- To inspire enthusiasm in Molloy College Nursing Students about the profession of nursing.
- To establish a sense of pride in being a Molloy College Nursing Student.
- To provide community service for the purposes of helping others as well as ourselves to grow.
- To welcome and to provide mentoring, guidance and a sense of belonging for new nursing students.
- To help facilitate regular communication between Molloy College Nursing Students and Molloy College Nursing Faculty.

## *How do I become a member?*

Any student who pays a student activities fee for each semester can be a member of the MNSA. Active membership is determined by attendance at three (3) meetings per semester. Meetings will be held once a month at specific times.

## *How can I find out more about it?*

You can e-mail us at [mnsa@lions.molloy.edu](mailto:mnsa@lions.molloy.edu) or find us on Facebook at <http://www.facebook.com/pages/Molloy-Nursing-Student-Association-MNSA/128017647259739>.

Does this sound like something you would like to be a part of?  
Come and join us!



## What is FRieNds to RNs?

FRienNds to RNs is a peer lead group driven to support and pass on knowledge throughout the Molloy Nursing Student journey. This program is geared towards mentorship; to help answer & discuss all of your questions and concerns about nursing school. The purpose of the program is to create a network of students helping students so that everyone is given the same opportunities to succeed.

FRieNds to RNs is a peer run mentorship program that will meet every 2<sup>nd</sup> Thursday. Times and locations TBA

The meetings will last an hour with the last fifteen minutes of each discussion being an open conversation about whatever concerns nursing students may have.

Have a question? Send us an email @ [FRieNds2RNsMC@gmail.com](mailto:FRieNds2RNsMC@gmail.com)

**\*\*SPRING MEETINGS TBA\*\***

Peer Support





# Our Successful Fundraisers!

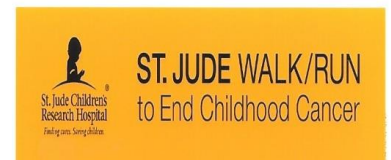


Molloy Nursing Student Association collaborated with Love Your Melon and raised **\$370.02** for childhood cancer research by selling lemonade. Thank you for all those who volunteered to help and donated to such a great cause. Stay tuned for our next Alex's Lemonade Stand in the spring!

## St. Jude Walk

The Molloy Nursing Student Association raised **\$1,230** for the St. Jude Walk to help fund for childhood cancer research. That is the most MNSA has ever raised for a walk!

That is breath taking! Stephanie Jorgensen and Philip DeSena, the team captains, wanted to thank all of the donors and the team that came out to walk! You guys are heroes!







# Out of the DARKNESS<sup>SM</sup>

COMMUNITY WALKS

American Foundation for Suicide Prevention



Molloy Nursing Student Association helped raise money through a kickboxing and a swirls bliss fundraiser that was donated to the American Foundation for Suicide Prevention. Nursing students participated in the Out of the Darkness Walk to show their support for suicide prevention!

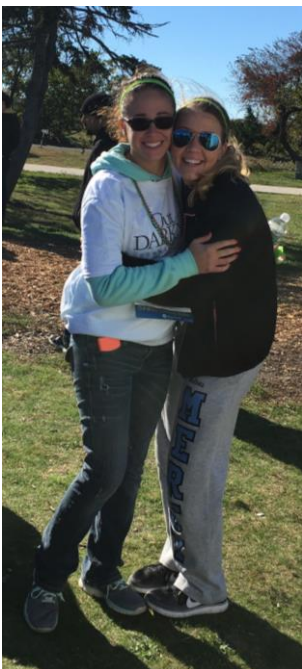
We Raised:

Kickboxing: \$75

Swirl Bliss: \$60

Total (including online donations):  
\$723.00!

Thank you everyone for all your support!



 <p><b>80¢</b> of every dollar supports suicide prevention.</p>	 <p><b>\$10</b> Distributes one Depression and Bipolar Awareness educational DVD.</p>
 <p><b>\$50</b> Brings Truth About Suicide to a college campus.</p>	 <p><b>\$100</b> Places More Than Sad program on teen depression at a high school.</p>
 <p><b>\$250</b> Trains a local field advocate to fight for suicide prevention legislation.</p>	 <p><b>\$500</b> Trains a facilitator to run a support group for survivors of suicide loss.</p>
 <p><b>\$1,000</b> Sponsors a State Advocacy Day to fight for suicide prevention policies.</p>	 <p><b>\$5,000</b> Places the Interactive Screening Program on a college campus.</p>







# RONALD McDONALD HOUSE CHARITIES®

Molloy Nursing Student Association has raised \$1000.00 by selling the “Something Special about a Molloy Nurse” t-shirts and donated that money to the Ronald McDonald House. In return they provided us with a leaf which is engraved with “Molloy Nursing Student Association 2016.” The Ronald McDonald House provides housing for families who have a child in the hospital. Molloy Nursing Student Association board members volunteered at the Ronald McDonald House in New Hyde Park this past August and cooked dinner for the families staying there.



## Drug Calculation Questions:

1. Doctor's Order: Synthroid 75 mcg po daily; Available: Synthroid 0.15 mg tab (scored). How many tab will you administer?
2. Doctor's Order: Sulfasalazine Oral Susp 500 mg q 6 hr; Directions for mixing: Add 125 mL of water and shake well. Each tbsp will yield 1.5 g of Sulfasalazine. How many mL will you give?
3. Doctor's Order: Kanamycin 7.5 mg/kg IM q 12 hr; Available: Kanamycin 0.35 Gm/mL. How many mL will you administer for each dose to a 157 lb patient?
4. Doctor's Order: Demerol 50 mg IVP q 6 hr prn pain; Available: Demerol 75 mg/ 1.3mL. How many mL will you administer?
5. Doctor's Order: Infuse 50 mg of Amphotericin B in 250 mL NS over 4 hr 15 min; Drop factor: 12gtt/mL. What flow rate (mL/hr) will you set on the IV infusion pump?
6. Doctor's Order: Infuse 1200 mL of 0.45% Normal Saline at 125 mL/hr; Drop Factor: 12gtt/min. How many gtt/min will you regulate the IV?



## Molloy Nursing Students go to the Mary Brennan Inn!

Some Molloy College Nursing Students went to the Mary Brennan Inn in Hempstead on November 4<sup>th</sup> with Sister Diane.

The INN was founded in 1983 as a single soup kitchen run by a small group of concerned volunteers. Working at a church in Hempstead, the volunteers discovered that not only were there large numbers of hungry people on Long Island, but that individuals working together could make a difference in their lives.

What began as a tiny seed quickly grew as other communities discovered that hungry people existed in their community, too. As word spread of the success of the Hempstead soup kitchen, The INN became a magnet for individuals who wanted to help those who were hungry in their own communities. By sharing their knowledge, the volunteers began to form an interfaith network of soup kitchens to feed hungry Long Islanders. Soon after the Hempstead soup kitchen began operations, others opened in Long Beach, Freeport and Central Islip. Each of these soup kitchens quickly filled a desperate need that existed in these communities. Today, there are a total of 14 soup kitchens in 21 locations, operating as part of The INN's network across Long Island. More than 5,000 people are fed each week.







# SUSAN D. FLYNN

Oncology Nursing Development Program

## Who Was Susan D. Flynn?

“Susan was an extraordinary mother, a loving and devoted wife, and a widely-admired and caring friend to many. In addition to being a successful businesswoman and a Master Gardener, she was also an enthusiastic and dedicated volunteer.” –Mr. Flynn



## About The Program

“In the loving memory of his wife **Susan D. Flynn**, who died of ovarian cancer in 2013, and out of respect for the wonderful quality of nursing care she received during her illness, her husband Fred created the **Susan D. Flynn Oncology Nursing Fellowship Program** to help stimulate the career interest and foster the professional development of potential Oncology Nurses. The program, which was modeled after the Carol A. Ghiloni Oncology Nursing Fellowship at Massachusetts General Hospital which Fred co-sponsors, is available to rising seniors at several leading undergraduate nursing schools including **Molloy College**. The *Fellowship provides aspiring nurses with a comprehensive clinical exposure to oncology nursing plus exposure to “best practices” and expert training in compassionate care.* Opportunities to attend various pertinent internal educational programs and meetings with key hospital staff members provide additional learning experiences for the Fellows.

In 2014 this Fellowship Program was successfully “piloted” with Greenwich Hospital, Stamford Hospital, Dana-Farber Cancer Institute, and Wentworth-Douglass Hospital. Several additional leading cancer care hospitals like **New York Presbyterian** have since been added as program partners. The total number of student nurse participants was expanded from 26 Fellows in 2015 to 36 Flynn Fellows in 2016, primarily reflecting the addition of a new Pediatric Oncology Nursing Program track with three leading Pediatric Hospitals.”

# More Information about the Susan D. Flynn Oncology Nursing Fellowship

## Application Process

If you are eligible for the 2017 Flynn Fellowship you will receive an email from Dr. Schecter for more instructions about the application and how to apply. This program is open for juniors only.

Due to the expanding Susan D. Flynn Oncology Developmental Program at Molloy College, the three 2016 Flynn Fellows have been named Student Ambassadors of the program. As student ambassadors, Stephanie Jorgensen, Arita Busgith and Stefanie Pia are resources that Molloy nursing students can contact if they have any questions or would like more information regarding the Susan D. Flynn Oncology Nursing Fellowship.

### **You may contact them by email:**

Stephanie Jorgensen – [sjorgensen@lions.molloy.edu](mailto:sjorgensen@lions.molloy.edu)

Arita Busgith – [abusgith@lions.molloy.edu](mailto:abusgith@lions.molloy.edu)

Stefanie Pia – [spia@lions.molloy.edu](mailto:spia@lions.molloy.edu)

**Website:** [sdfondp.com](http://sdfondp.com)



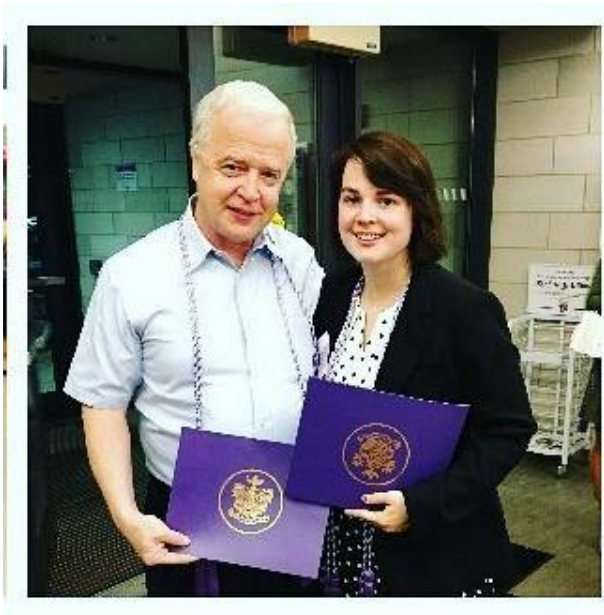




# Sigma Theta Tau International Honor Society of Nursing®



Along with balancing extracurricular activities and excelling in nursing school, the entire Molloy Nursing Student Association senior board members received an invitation to Sigma Theta Tau International, an honor society of nursing. The following board members were inducted into Sigma Theta Tau: Katelyn Finnegan, Philip DeSena, Emily Rosen, Gabriella Perciavalle, Rachel White, Stephanie Jorgensen, Teresa McDavid and Jaclyn Malone.



Katelyn Finnegan, MNSA's President and her father Michael Finnegan both were inducted into Sigma Theta Tau International!



Congratulations to the three 2016 Flynn Fellows, Stefanie Pia, Arita Busgith and Stephanie Jorgensen who also were inducted into Sigma Theta Tau International!



Congratulations to all of the other students to were inducted into Sigma Theta Tau International! You should be very proud of yourselves for all your hard work!





## What is Total School Membership?

- Total school Membership is designed to enrich the educational experience of student nurses by providing opportunities to all Schools of Nursing across the country. By providing this type of membership, the NSNA provides discounts on both new and renewal members.
- You receive great benefits including awards, scholarships, uniform discounts, the NSNA Imprint, and more!
- Also, students have the opportunity to attend a national convention annually, which includes NCLEX review, passing of resolutions, and sessions where you can hear from nurses about their life experiences!



# There Is Something Special About a Molloy Nurse



## Thank you to those who joined NSNA!

The National Student Nurses' Association is a pre-professional association for nursing students started in 1952. It is a great opportunity for nursing students. NSNA has a huge network which gives you the opportunity to work hand in hand with students and mentors from across the country. Benefits for joining include:

- Numerous conventions which have seminars on: networking, resume building, NCLEX review
- The opportunity to work with nursing students from all over the country
- Up to date information about current events that are happening in the nursing community through Imprint Magazine
- Scholarship opportunities
- Educational resources
- Leadership opportunities
- Discounts on scrubs, office supplies and professional portfolio review services

Here is a link for more information regarding NSNA: <http://www.nsna.org/>

More info about NSNA by Googling "NSNA catching the wave video"

Scholarships: Due January 13<sup>th</sup>, 2017 - <http://www.forevernursing.org/>

## Joining NSNA gives you the opportunity to work with NSANYS.

NSANYS is the Nursing Students' Association of New York. NSANYS is the New York Division of NSNA. Founded in 1951, the purpose of Nursing Students' Association of New York State (NSANYS) is to aid in the transition from undergraduate student nurses to the professional world. Our goal is to help mold the future of nursing by first developing accountable, responsible and motivated leaders.

### SAVE THE DATE:

**NSANYS 65th Annual Convention**

**Saturday, February 18th, 2017**

**7:00 am - 5:00 pm**

**The Wyndham New Yorker**

And here is a link for more information regarding NSANYS:

<http://www.nsanys.org/>

**Let's Be an "All in School"**





**The Nurses Association of the Counties of Long Island**

## “Meet the Legislative Candidates Night”

*sponsored by*

**The Nurses Association of the Counties of Long Island**

**Barbara H. Hagan School of Nursing**

**Molloy Nursing Student Association**

**THE LEGISLATIVE CANDIDATES CAME TO ADDRESS  
THEIR POSITIONS ON HEALTHCARE AS IT RELATES TO  
NURSING.**





## NACLI 2016 AWARDS DINNER

Four Molloy College nursing students were sponsored by the Nurses Association Counties of Long Island to attend their 2016 awards dinner. They were given opportunities to meet the NACLI board members as well as nurses all over Long Island. They had a great time!

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# Happy Veterans Day!

Molloy Nursing Student Association and Molloy nursing students celebrated Veterans Day early by making holiday cards for our veterans. Thank you to everyone who came and made a card. You are making a difference in the lives of people who have fought for our country. The cards are donated to the Red Cross and then Red Cross delivers them to our veterans!

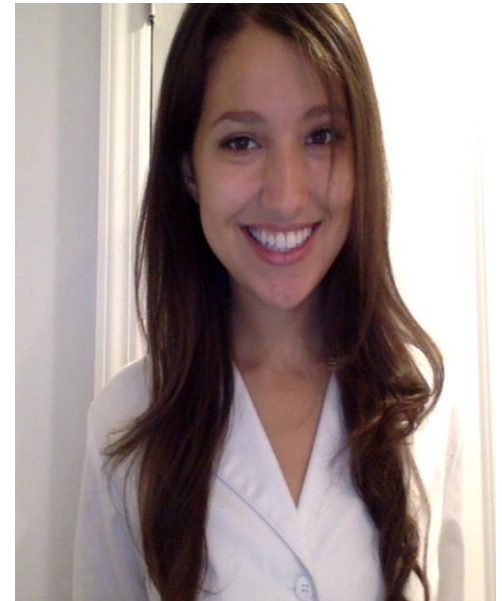


# Hear What Some of your Fellow Classmates Have to Say About Nursing!

“To me becoming a nurse is not just a career choice, it is a lifelong commitment to giving everything I have to offer a patient. I have already seen how demanding nursing can be in just my few short semesters in clinical. Being a nurse is not always pretty, you hardly receive a thank you for the credit you truly deserve but to me it is the most rewarding feeling being able to help a patient. This semester I had the opportunity to work on a Medical Surgical Oncology floor. At first, I felt intimidated to talk to a patient about what was going on. I was nervous I would emotionally hurt them more by bringing up their disease. I quickly learned that just a few minutes of our time goes such a long way. You never know how important holding someone’s hand in a dark moment and telling them “I am here for you” can be to them. Over the years at Molloy I am gaining experience in all aspects of nursing. From learning my skills in the lab, prioritizing and time management when studying, or being able to have an impactful conversation with a patient. I have noticed significant changes since I have first started. When I think about why I wanted to be a nurse my first thought was “to help people”. Anytime I feel myself struggling to get through the program I think back to why I wanted to do this. At this point in time I do not know exactly what type of unit I want to work on. I picture myself on some type of critical floor bringing light and hope to a place where it is dark most of the time. I am learning that it takes a special kind of individual to be a nurse. Many times when I talk to people about my career choice I hear “I don’t know how you do it” “Aren’t you always exhausted?” and similar statements. Fortunately for me, I have never looked at nursing as a burden but as a gift. Being involved in this field is my outlet for doing what I feel like I am most passionate in life about, the ability to help people.”



The article featured was written by **Megan Quinn**  
**Graduation Date:** May 2018  
**Area of Interest:** Critical Care



The article featured to the right was written by **Patrick Wlodkowski**  
**Graduation Date:** May 2020  
**Area of Interest:** Critical Care



“I chose to be a nurse for two very simple reasons. The first, would be because I enjoy interacting with people very much, especially those from different backgrounds. I know nursing would allow me this through the variety of patients I will have the pleasure of meeting and helping restore to health. The second, would be accompanying the patient along their path to return to their best health. There is something extremely rewarding in this process, being able to help anyone I meet feel better in any way I can not only helps them, but also gives me a feeling I love.”





## Your Fellow Communication Directors

Teresa McDavid and Stephanie Jorgensen  
They are both currently seniors in the nursing program. Stephanie hopes to become a Pediatric Hematology/Oncology Nurse while Teresa is thinking about becoming either an Emergency Room Nurse or a Critical Care Nurse. Both love nursing school despite the challenges and hopes that this newsletter has helped students better understand what the Molloy Nursing Student Association does! We hope you have an amazing rest of the semester!

### Drug Calculation Answers:

- |               |                |
|---------------|----------------|
| 1. 0.5 tablet | 4. 0.87 mL     |
| 2. 5 mL       | 5. 58.8 mL/hr  |
| 3. 1.5 mL     | 6. 25 gtts/min |



## MNSA Contact Information

**Email:** [mnsa@lions.molloy.edu](mailto:mnsa@lions.molloy.edu)  
**Facebook:** Molloy Nursing Student Association (MNSA)  
**Instagram:** m.n.s.a  
**Twitter:** molloynsa  
**Website:** [molloynsa.weebly.com](http://molloynsa.weebly.com)

**Would you like to write an article for The Pulse? Email Stephanie Jorgensen and Teresa McDavid for more information!**

**Stephanie Jorgensen:** [sjorgensen@lions.molloy.edu](mailto:sjorgensen@lions.molloy.edu)

**Teresa McDavid:** [tmcdavid@lions.molloy.edu](mailto:tmcdavid@lions.molloy.edu)