



The Pulse



Molloy Nursing Student Association
Barbara H. Hagan School of Nursing

Volume 2 Issue 3

Meet the Executive Board for the 2016-2017 School Year!

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Welcome Back!

“All In School”

The Barbara H. Hagan School of Nursing has a total of **1,246 National Student Nurses' Association (NSNA) Members**. That is amazing! So, what is NSNA? The National Student Nurses' Association is a pre-professional organization for nursing students. It is designed to enrich the education of student nurses by providing resources, networking, NCLEX preparation and so much more. Being an “all in school” gives our school of nursing such a bigger voice. How? Well, when the Molloy Nursing Student Association (MNSA) board members travel to different states every year to attend the National Conventions, they represent their nursing school as well as their home state. The more members of NSNA the school of nursing has, the more delegates they are able to send. This means they have a bigger influence which in turn impacts the future of nursing. Being a part of pre-professional nursing organizations in school is the key to a successful career. So take advantage of the opportunities NSNA provides you with and don't be afraid to get involved!

“No matter how difficult the days may get, never forget the reason you are becoming a nurse.”



Molloy Nursing Student Association (MNSA)

What is it?

Molloy Nursing Student Association is a student-run organization whose mission is for students to pursue academic excellence while building leadership roles as a result of being active on campus and in the community.

MNSA is a chapter of National Student Nurses Association (NSNA) and Nursing Students Association of New York State (NSANYS) pre-professional organizations.

MNSA members attend state and national conventions, hold speaker events, participate in different community service activities, fundraise and raise awareness for different diseases/disasters, host our annual *Party with a Purpose* event on campus, and collaborate with other student organizations at Molloy.

What are its goals?

- To unite nursing students from Molloy College.
- To inspire enthusiasm in Molloy College Nursing Students about the profession of nursing.
- To establish a sense of pride in being a Molloy College Nursing Student.
- To provide community service for the purposes of helping others as well as ourselves to grow.
- To welcome and to provide mentoring, guidance and a sense of belonging for new nursing students.
- To help facilitate regular communication between Molloy College Nursing Students and Molloy College Nursing Faculty.

How do I become a member?

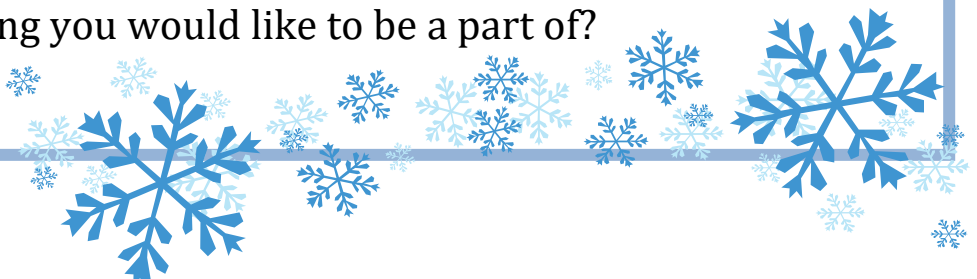
Any student who pays a student activities fee for each semester can be a member of the MNSA. Active membership is determined by attendance at three (3) meetings per semester. Meetings will be held once a month at specific times.

How can I find out more about it?

You can e-mail us at mnsa@lions.molloy.edu or find us on Facebook at <http://www.facebook.com/pages/Molloy-Nursing-Student-Association-MNSA/128017647259739>.

Website: molloynsa.weebly.com

Does this sound like something you would like to be a part of?
Come and join us!



FRienNds to RNs Meetings Spring 2017

Date	Time	Location	Information
March 6 th	3:15- 4:15pm	Hagan 004	Finals - How to Prepare/Advising & Registration
April 24 th	3:15- 4:15pm	Hagan 004	ATI, The Nursing Lab, Looking Ahead





FRieNds to RNs is a peer lead group driven to support and pass on knowledge throughout the Molloy Nursing student journey. This program is geared towards mentorship and to better help answer as well as discuss all of your questions and concerns in regards to nursing school. The purpose of the program is to create a network of nursing students so that everyone is given the same opportunities to succeed.

**March 6th
3:15-4:15pm
Hagan 004**

**ATTENTION NURSING STUDENTS!!!
COME TO OUR FRIENDS TO RNS MEETING!!**

**TOPIC: "FINALS - HOW TO PREPARE/ADVISING &
REGISTRATION:**

- **We will be discussing....**
 - **How to succeed during finals!**
 - **Information about advising and how it can help you through your journey of nursing school!**



Susan D. Flynn

Oncology Nursing Fellowship Program

In partnership with

New York Presbyterian Hospital &

The Barbara H. Hagan School of Nursing Molloy College

Purpose:

The **Susan D. Flynn Oncology Nursing Fellowship Program** is intended to help stimulate the career interest and foster the professional development of potential Oncology Nurses. The program is focused on the critically important field of Oncology Nursing. The Fellowship will enhance the student's core clinical education through direct observation of Oncology patient care and exposure to related patient care duties and services that typify Oncology nurses' valuable role and important inter-relationships with other members of the healthcare team. Opportunities to attend various pertinent internal educational programs and meetings with key staff members at New York Presbyterian Hospital will provide additional learning experiences for the student nurse. For more information about the program visit:

<http://sdfondp.com/>

Program Scope:

The Fellowship program includes a comprehensive scope of direct observational and learning experiences within the New York Presbyterian Hospital, including adult and pediatric exposure to:

- Oncology Nursing (possible roles/typical responsibilities, applied practice, possible career opportunities, etc.)
- Medical & Surgical Oncology (including treatment plans, key policies/procedures, patient education, etc.)
- Clinical Research
- Bone Marrow
- Palliative Care Department (organization, resources, services)
- Infusion Services
- Radiation Therapy
- Patient Support Programs
- Various Internal Oncology-Related Forums
- Integrative Therapies
- Survivorship

In addition, as part of this learning/development experience, the student nurse will be required to complete an evidence based practice project in some aspect of Oncology Nursing which will be presented to their supervisory management during the last week of the program.

Program Schedule:

The program will span eight (8) weeks in length, from June 5, 2017 through July 31st, 2017 and will be conducted at New York Presbyterian Hospital (in New York, New York). The schedule will be full time (37.5 hours/week). Schedule may vary during the week.

Compensation:

The student nurse will be paid a stipend for this Fellowship.

Application Process:

This Fellowship is being offered to **three eligible seniors or rising seniors at Molloy College** Division of Nursing. There are 2 positions in Adult Oncology and 1 in Pediatric Oncology. Applicants must have achieved at least a 3.2 GPA and be in good standing. To apply, interested students should complete the Application Form. Applications must be received by March 1st to be eligible for consideration. The successful candidates will be notified by March 18th. Application: nyp.qualtrics.com/FlynnOncologyExternApp

Any questions regarding this program or the Application process should be directed to Rosemary Sullivan RN Director of Nursing at the New York Presbyterian Hospital. Email: ros9022@nyp.org or call 212-746-5663. Or contact Dr. Rose Schecter from Molloy College - rschecter@molloy.edu or call 516-323-3655.

Molloy Student Nursing Association
Molloy College Career Center
Presents...

“How to Get Hired for Nurses”

featuring recruiters from

Long Island’s Leading Hospital Systems

Tuesday, February 21st 3:00pm-5:00pm

Madison Theatre



Hospitals and Health Systems Presenting Include:

South Nassau Communities Hospital
Winthrop-University Hospital
Mercy Medical Center
Northwell Health



**Here to answer all
your hiring questions!**





NSANYS 65th Annual Convention

BREAKING DOWN
BARRIERS: THE POWER
OF YOU

FEBRUARY 18, 2017

7:00AM – 5:00PM

The Wyndham New Yorker
481 8th Avenue, New York, NY 10001

As the future generation of nursing, we have the power to make change. Join us at the NSANYS 65th Annual Convention to get inspired and to unlock the power of you!

This year's convention will feature:

- Resume Review •NCLEX Review
- ICAN Pharmacology Review •Nurse Recruiter Panel
- Focus Sessions •Scholarship Opportunities
- Networking •New Grad Panel

Questions, exhibitor and sponsorship information, or registration of groups of 4 or more, please contact: **Diana Wilkonski and Christopher Alexander,**
Co-Vice Presidents at
vicepres.nsanys@gmail.com

Registration Fees

Online registration deadline is

February 11th, 2017

Early bird specials until February 3rd, 2017
(Late registration prices in parenthesis)

Day-of-registration via cash & credit/debit ONLY

NSNA Members

Includes breakfast and lunch

Full day with NCLEX & Pharm review: \$75 (\$85)

Full day W/O NCLEX & Pharm review: \$65 (\$75)

NON-NSNA Members

Includes breakfast and lunch

Full day with NCLEX & Pharm review: \$85 (\$95)

Full day W/O NCLEX & Pharm review: \$75 (\$85)

Faculty

Full Day Pass: \$55 (\$65)

Please Visit

<http://www.nsanys.org/nsanys-65th-annual-convention.html>

To Register!



INSTAGRAM CONTEST!

Take part in our ***first ever*** Instagram contest during the convention!

Post your photos from the day with the hashtag **#nsanys2017** and one lucky attendee will receive a **FREE** t-shirt!

The “Comfort Kit Crew”

Three nursing students from Molloy College have spearheaded a new opportunity where they give back to the community. Working in tandem with New York Presbyterian – Morgan Stanley Children’s Hospital, these three nursing students collect donations of toys, activity books, blankets, and other comfort items to make up their comfort kits for children currently receiving treatment at the hospital. The first round of kits were delivered just in time to brighten up the holiday season. In total there were 24 kits made and delivered to the children in the hospital, specifically the Hematology/Oncology – Bone Marrow transplant unit.

Nursing Students from Molloy College, affectionately named “The Comfort Kit Crew”, consists of three students, Philip DeSena, Dana Giffin, and Stephanie Jorgensen. Dana Giffin brought this project to Molloy College. Her passion lies in one day working as a Pediatric Oncology nurse. In bringing the idea to Molloy, Dana sought out nursing students who match her passion for pediatric oncology/health, which in turn led her to work alongside Stephanie Jorgensen and Philip DeSena.

Stephanie Jorgensen has past experience with Morgan Stanley Children’s Hospital as the only Pediatric Oncology Fellow through the Susan D. Flynn Oncology Nursing Fellowship for the summer of 2016. She strives to continue her nursing career as a Pediatric Oncology nurse.

Philip DeSena, is the third member of the “Comfort Kit Crew”. His experience with oncology consists of being a top fundraising team captain for the American Cancer Society – Relay for Life. He is working towards a career in Pediatric nursing. Together, these three individuals, with the support of the Molloy College community, make up “The Comfort Kit Crew”.

The Crew holds multiple fundraisers to collect donations of toys and/or money, while also accepting donations from any and all individuals. The goal of the “Comfort Kit Crew” is to provide joy, serenity, and smiles to children and their families during such a hectic and vulnerable time. The comfort kits are designed to appeal to a wide age range of children. The first round of kits included items tailored to the adolescent population and school age children. Future deliveries will be geared towards those similar ages as well as infants, toddlers, and older adolescents/teens. Although Dana, Phil, and Stephanie are graduating in May of 2017, they plan to continue being the “Comfort Kit Crew” throughout their professional nursing careers. In speaking with Morgan Stanley Children’s Hospital, it has come to the attention of “The Crew” that the holidays are the most popular time for children’s units to receive donations.



In collaboration with the hospital, and thanks to the abundance of support received both personally and in the Molloy Community, The Crew has decided to continue collecting donations and delivering kits to Morgan Stanley Children's Hospital throughout the year. The next planned deliveries of the kits will be for the months of April and August. It continues to be a wonderful accomplishment to be the reason why a child smiles. *If you are interested in being a part of this story and donating to this cause, please contact comfortkitcrew@gmail.com.*



NCLEX QUESTIONS

1. The healthcare provider is performing an assessment on a patient who is taking propranolol (Inderal) for supraventricular tachycardia. Which assessment finding is an indication the patient is experiencing an adverse effect of this drug?

- A. Dry mouth
- B. Bradycardia
- C. Urinary Retention
- D. Paresthesia

2. The healthcare provider is caring for a patient with a diagnosis of mitral stenosis. When auscultating the patient's chest, which type of heart sound should the healthcare provider expect to hear?

- A. Systolic ejection murmur
- B. Midsystolic murmur
- C. Diastolic murmur
- D. Pansystolic murmur

3. A child with leukemia will be undergoing an allogeneic bone marrow transplant. When teaching the parents about the procedure, which information should the healthcare provider include? Select All That Apply

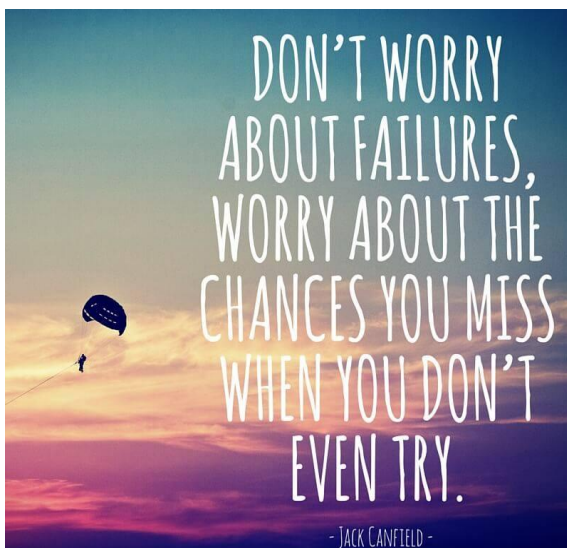
- A. Your child's stem cells are removed before the chemotherapy and radiation
- B. The stem cells for this transplant might come from a baby's umbilical cord blood
- C. Your child's immune system will improve as soon as the transplant is complete
- D. Your child may need periodic blood transfusions after the procedure
- E. It is possible that the donor cells will attack your child's cells

A Shining Star



Katelyn Finnegan, MNSA Co-President and senior nursing student at Molloy College was elected as the National Student Nurses' Association (NSNA) Imprint Editor this past spring semester. She is the first MNSA officer and nursing student to ever be elected to the NSNA board of directors. "As the Imprint editor, I chose the theme of each issue and articles that I think would be of particular interest to nursing students. This year, I have worked hard to get more nursing students published through articles about their resolutions which were passed by the House of Delegates at the previous annual convention. We have also added a nursing school review section, covering classes we have taken such as fundamentals, OB, pediatrics and community." She was invited to attend the presidential debate at Hofstra. She says "going to the Hofstra debate was an amazing experience. I was able to see newscasters broadcast live, attend a seminar about politics and social media and learn about the causes affecting New Yorkers and Americans in general. The energy was palpable and it was an experience that I will never forget!" Katelyn works very hard in school while balancing her grades and extracurricular activities. She was also elected into Sigma Theta Tau this past fall for nursing scholarship. In her future she sees herself becoming a critical care nurse. She is an example of a shining star!

Visit <http://www.nсна.org/imprint-archive.html> to take a look at the issues of Imprint!





Food Not Bombs • P.O. Box 424 • Arroyo Seco, NM 87514 USA 1-800-884-1136 www.foodnotbombs.net



Co-Secretaries, Carly Howard and Julia White, chaired the Food Not Bombs Event that is held throughout the world but specifically here every Sunday in Hempstead, NY. Food Not Bombs collects surplus food that would otherwise go to waste from grocery stores, bakeries and markets, as well as donations from local farmers. Volunteers then prepare community meals which are served for free to anyone who is hungry. Every Sunday, Long Island Food Not Bombs shares thousands of pounds of fresh organic vegetarian groceries with hundreds of fellow community members. The goal is to help empower the community and community members by alleviating the burdens of social/economic oppressions like poverty. We do this by sharing all or at least a good portion of the food a person might need for that week.

At the Hempstead Food Share, they set up tables with fruits, veggies, breads, prepared meals, frozen foods, desserts and hot vegan meals. They also share clothing, toys, books, toiletries, seeds, plants, flowers, school/educational supplies, information and other essentials.



Co-Secretary, Carly Howard shares her experience of Food Not Bombs!

“Food Not Bombs is an organization that gets together every week no matter what the weather is like to distribute food out to those who are in need or cannot afford to go to the grocery store to support themselves and their families. My experience with Food not Bombs was amazing. I got to see a great amount of people that showed up to volunteer and how everyone communicates with each other! It made me more appreciative of what I have in life and it feels awesome to take a couple hours out of your day give back to others!”



Party with a Purpose 2016

This Molloy Nursing Student Association partnered with the Music Therapy Club this year to co-hosted Party with a Purpose on December 1st. This year, the admission fee went toward gifts for the elderly. Gifts were donated to Oceanside Senior Center where the Molloy Nursing Student Association had the opportunity to distribute gifts such as coloring books, crossword puzzles, Sudoku, blankets, and so much more! They all thought it was a great thing to give back to a vulnerable population that often times, is forgotten about. It was a great experience and hope this tradition will continue on!





MNSA board members and part of the subcommittee delivered the donations to the Oceanside Senior Center. The elderly were so thankful for all your donations and it put great, big smiles on their faces. Thank you for all those who donated and came out to our Party with a Purpose!



**KEEP
CALM
WE
NEED
YOU**

Do you have an interest in writing?
Do you have a story in nursing school that you
want to tell?

MNSA WANTS TO HEAR IT!

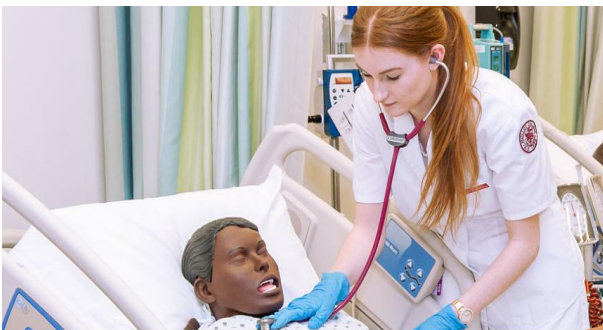
We are looking for writers for our newsletter, "The Pulse." We want to hear your nursing school experiences from clinical to the nursing lab and everything in between. If you are interested in writing an article for our newsletter, please email Stephanie Jorgensen and Teresa McDavid for more information!

Stephanie Jorgensen: sjorgensen@lions.molloy.edu
Teresa McDavid: tmcdavid@lions.molloy.edu

Drug Calculation Questions

1. A doctor orders 200 mg of Rocephin to be taken by a 15.4 lb infant every 8 hours. The medication label shows that 75-150 mg/kg per day is the appropriate dosage range. Is this doctor's order within the desired range?
2. Phenytoin (Dilantin), 13,000 mg PO, is ordered to be given through a nasogastric tube. Phenytoin is available as 19,000 mg / 9 mL. How much would the nurse administer?
3. Solumedrol 1.5 mg/kg is ordered for a child weighing 46 lb. Solumedrol is available as 75 mg / 1 mL is available. How many mL must the nurse administer?
4. Doctor's Order: Synthroid 75 mcg po daily; Available: Synthroid 0.15 mg tab (scored). How many tab will you administer?
5. Doctor's Order: Demerol 50 mg IVP q 6 hr prn pain; Available: Demerol 75 mg / 1.3mL. How many mL will you administer?


**Keep
Calm**
 I Am A
**Student
Nurse**



“Knowing in your heart that you could never do anything but nursing.”

“Believe in yourself and all that you are. Know that there is something inside you that is greater than any obstacle.”



Clinical Pictures!





Your Fellow Communication Directors

Teresa McDavid and Stephanie Jorgensen
They are both currently seniors in the nursing program and will be graduating in May 2017. Stephanie strives to become a Pediatric Hematology/Oncology Nurse while Teresa is thinking about becoming either an Emergency Room Nurse or a Critical Care Nurse. Both love nursing school despite the challenges and hopes that this newsletter has helped students better understand what the Molloy Nursing Student Association does! We hope you have an amazing rest of the semester!

TAKE PRIDE
IN HOW FAR
YOU HAVE COME,
AND HAVE FAITH IN
HOW FAR YOU CAN GO!

Drug Calculation Answers

1. Yes
2. 6.2 mL
3. 0.42 mL
4. 0.5 tab
5. 0.87 mL

Nclex Answers

1. B
2. C
3. B,D,E

MNSA Contact Information

Email: mnsa@lions.molloy.edu

Facebook: Molloy Nursing Student Association (MNSA)

Instagram: m.n.s.a

Twitter: molloynsa

Website: molloynsa.weebly.com

Would you like to write an article for The Pulse? Email Stephanie Jorgensen and Teresa McDavid for more information!

Stephanie Jorgensen: sjorgensen@lions.molloy.edu

Teresa McDavid: tmcdavid@lions.molloy.edu