

M A R C H 2 0 1 4

The Pulse

Molloy College



St. Patrick's Day Parade

Happy March everyone! Spring Break is coming soon! Many students have recently been asking what activities can they do to become an active member of MSNA; well here is your chance! Come support Molloy and be a part of the St. Patrick's Day parade! It takes place on March 17th, and a bus will be leaving from Molloy at 9:30am at no cost. The mandatory attire for the parade is the nursing uniform that is worn to clinicals. Near the parade at Slattery's Pub, we will be having a traditional Irish breakfast that will cost \$20 per person. This is a great opportunity to get involved with the Molloy Nursing Student Association, and to be able to walk in the parade! It is a lot of fun, and it's a great way to meet new people. After the Parade you are free to do what you please, so bring a friend and go grab some Irish grub! Register by March 9th at <http://alumni.molloy.edu/NYCstpat2014>.

Last year Molloy College was awarded a first place trophy for Best College Marching Unit! So come get involved, and most importantly enjoy yourselves and be safe; this is a day of celebration!!!



Upcoming Events!

March

- 4th- General meeting (Nurse Recruiter Presentation)

April

- 4th Take Back The Night- Molloy College
- 9th-13th- NSNA Annual Convention
- 10th – Boxtown
- 25th- Relay for Life
- 29th – General meeting
3:30pm

Attention all graduating nursing students!

It is recommended that you take the NCLEX as soon as possible. There is a higher success rate when the exam is taken near the date of graduation!

Luck of the Nurses

It takes a very special person to go into a nursing program, survive it, pass the NCLEX, and find a job! There isn't a big enough four-leaf clover for nursing students to find to whisk us through nursing school. We have worked hard, and we will survive Molloy's Nursing program and the NCLEX! Sometimes we need a little reminder of how lucky we are to have chosen such an incredibly heartwarming field that entails caring and showing love for others.

Let us be reminded of how lucky nurses are!

- Nurses get to wear comfy clothes to work!
- Nurses get to wear comfy shoes!
- Nurses get to work out their calf muscles every shift by standing on their feet for 12.5 hours!



On a more serious note:

- Nurses are in demand. There are numerous job opportunities.
- Nursing allows for flexible scheduling, interesting specialties, a variety of job settings, and plenty of room for advancement.
- Nurses are a part of the miracle of life. What other profession can assist a woman through hours of labor and experience the love, excitement, and joy that comes along with giving birth to a baby?
- Nurses are chosen to care for each patient each shift for a special reason. Although we may not know it when it happens, we all have a profound affect on our patients.
- Nurses can alleviate the anxiety of a patient just by sitting and talking with them (we must never forget how powerful words can be).
- Nurses see people during their most frightening moments of life. Whether it be prior to a procedure, a surgery, or during the news of a terminal illness. Never forget that a shoulder to cry on, an ear to hear, or a presence can help people more then medicine ever can.
- Nurses get to celebrate a patient's life with them and their family when God decides He needs them back.

We are extremely lucky to have chosen such a rewarding field... Good LUCK!

-Lauren Telfer, Senior Nursing Student

Want your article to be featured in the MNSA newsletter?

Email FZachariadis09@lions.molloy.edu or

CKuzniewski@lions.molloy.edu for details.

DRUG CALUCALTION QUESTION OF THE MONTH

Patient G.D. is to be started on a Pronestyl drip at 4mg/min. The concentration is 2g/500mL of D5W. You would administer ___ cc/hour.

(ANSWER IS AT THE BOTTOM OF THE LAST PAGE!)

BOARD MEMBERS**CO- PRESIDENTS**

KELLY LAMATTINA AND
MATTHEW BALLON

CO-VICE PRESIDENTS

CHRISTINA MACEDONIA AND
HOPE VELEZ

CO-TREASURERS

CHRISTINA RAMASAMI AND
NAZISH KHALID

CO-SECRETARIES

HIRA IFTIKHAR AND
CHERYL SELG

CO-NEWSLETTER**EDITORS**

CHRISSEY KUZNIEWSKI AND
FAYE ZACHARIADIS

ADVERTISING DIRECTOR

NICOLE ROBBINS

MEMBERSHIP DIRECTOR

KERRY HOWELL

EVENTS PLANNING**DIRECTORS**

LAUREN TELFER AND
CHRISTINE VANHOUTEN

ADVISERS

DR. GERALDINE MOORE
DR. LORRAINE EMEGHEBO
MARGARET MULLARKEY

National Student Nurses' Association (NSNA)

Why You Should Join!

National Student Nurses' Association is an excellent way to network, and to begin building your resume.

Also, as a part of your membership, you will receive the

monthly magazine to keep you informed about the

nursing field, as well as discounts on NCLEX study

guides, test preps, and Barnes and Noble! It is also a

great way to learn about upcoming nursing

conventions that will enhance your knowledge of the

nursing career.

Visit the website! <http://www.nsna.org> &

<http://www.nsanys.org>

ANSWER TO DRUG CALCULATION QUESTION:

$4\text{mg}/\text{min} = 0.004\text{g} \times 60 \text{ min} = 0.24\text{g}/\text{hr}$

$$\frac{2\text{g}}{500\text{mL}} = \frac{0.24\text{g}}{X} \quad \frac{2X}{2} \times \frac{120}{2} \quad \mathbf{X=60\text{cc}/\text{hr}}$$

For MNSA Updates!

We are on Facebook! Type Molloy Nursing

Student Association in the search bar to join

our group and 'like' our page!

If you have any questions about our

organization, feel free to email

mnsa@lions.molloy.edu,

Klamattina@lions.molloy.edu, or

Mballon@lions.molloy.edu for more

information!

